

(PRE-REGISTRATION IS PREFERRED, BUT CAN STILL REGISTER THE DAY OF THE EVENT)



# SEPTEMBER 30<sup>TH</sup> 1<sup>st</sup> Annual Fun Run/Walk

A 1-Mile Family Friendly FUN RUN/WALK!

Behind Demarest Elementary School (our own backyard)
1-mile "track", 4 loops behind the school, registration in teachers' parking lot.

### **Itinerary:**

• Check In: 8:15 – 9:00

• Warm-Ups: 9:00 (lead by our own Mr. Galioto)

Run Starts: 9:30

Prizes Awarded after Run/Walk

DJ and Fun Ends: 11:00

### **Minimum Registration Pledge:**

• \$10 (each Runner/Walker, 5 and over)

\$5 (each Runner/Walker under 5)

(cash, check, or money order; \$20 fee for any returned checks)

# Registration Includes:

- Running Number,
- Healthy Snack and Water in Designated Area
- T-Shirt (to follow within a week of the event, to receive at event, registration needed to be submitted by 09/22)

## For More Information or to Obtain Another Registration Package, Please Visit or Contact:

- http://demaresthsa.org/
- https://www.facebook.com/demaresthsa/
- Email: Fundraising@demaresthsa.org
- Call/Text: Laura, 973-356-9507 or Tricia, 203-675-9362



